



REDHEAD DEMOLITIONS LTD 104 HATCH LANE WINDSOR BERKSHIRE SL4 3RW

METHOD STATEMENT

For the Demolition OF The Oriental Food Store, 162 St Annes Road Haringey N15 5RP

By Redhead Demolitions Ltd

Ref: SBC001

Client	Selsdon Building Contractors Limited
Client Contact	Mr Lee Jerrett
The Author of this Method Statement is:	Mr Ross Redhead
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Revision History

This document will be reviewed at regular intervals and revised as necessary. The details of the review will be documented below.

DATE	REVISION NUMBER	DETAILS OF REVISION	SIGNATURE
07/12/22		First issue	RW Redhead
15/09/23	1	Details of excavator added	RW REDHEAD



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INTRODUCTION

The following method statement is an outline of how Redhead Demolitions Ltd will execute the works contained within the issued tender.

All work will be carried out in accordance with the client's schedules and plans of work. This method statement covers the carefully controlled demolition work at the above address these works will be carried out to all current H&S and CDM regulations



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PROJECT DETAILS

Start Date: 08/08/23 (Proposed)

Project duration: approximately 3 weeks

The number of people on site will be a maximum of 4 operatives and 1 SSSTS supervisor, although this may vary as work progresses.

Description of works: Demolition of redundant shop and grubbing up of foundations.

PREPERATION

Prior to commencement of work all relevant documents will be raised and prominently displayed or be available on site including, but not limited to:

- Method statement
- Risk assessment
- Plans
- Drawings
- Isolation certificates
- Insurances
- Health and safety posters
- Covid 19 statement
- Training
- 4 parking bays will be suspended prior to works starting for Welfare and Skip storage

A licensed Waste Contractor will dispose of all waste materials in accordance with Current Hazardous Waste Regulations.



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CONTROL MEASURES

- Method of works
- Risk assessments
- Trained and competent operators/ supervisors
- Demarcation of the work area including screens, barriers and signs
- Personal protective equipment
- Traffic and pedestrian management
- Compliance with relevant health and safety legislation
- Covid 19 travel and working measures as per our policy to be always adhered to

WORK SEQUENCE

1. Site set up and demarcation of work area including delivery of materials and work equipment.
2. Provision of site services where not in place. (CDM Compliant Welfare, Stores etc)
3. Assembly of materials, tools and equipment.
4. Erection of Scaffold if necessary
5. Asbestos removal
6. Demolition contractor to demolish structures
7. Dispose of waste material in accordance with current Hazardous & General Waste Regulations.
8. Remove plant, tools, and equipment
9. Leave site in a clean and tidy condition.

WORK METHOD

Pre-Mechanical Demolition

1. Redhead Demolitions Ltd to inspect existing site boundaries and install any further protection / segregation as deemed necessary.
2. Take delivery of plant and equipment.
3. Carry out site induction, inspect training records and give tool box talks where required for the first phases of the works. Additional talks to be given throughout the duration of the contract as required.
4. Erection of all necessary exclusion zones, signs and barriers.



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5. Inspection of all fire points, emergency signage and first aid points
6. Supervisor to inspect all plant and equipment and ensure all have the necessary mandatory specialist inspection certification.

Mechanical Demolition

7. CPCS certified operators will carry out necessary inspections of their equipment. (Daily)
8. Excavator will enter site crossing the footpath over trakmats to prevent damage to pavement and will not leave until demolition is finished and once again will be removed travelling over trakmats to awaiting transport. No other plant will cross the footpath. Banksman will be in attendance at all times.
9. **Demolition will commence** externally to structure; the building will be carefully demolished paying particular attention to the adjacent properties.
10. Banks man will be placed outside during demolition where the working area is close to any perimeters of site and will remain in contact with the driver at all times via 2-way radio.
11. The plant operator will work from the nearside end to St Annes Road, carefully allowing the demolition arisings to fall into the footprint of the structure to the front of their machine.
12. Using the excavators, the structure will be carefully broken out and stockpiled. Once fully broken out into the footprint, the arisings will be removed from site by hand into awaiting skips situated in rear carpark.
13. This process will be repeated until complete. The plant operators will form a bed from the demolition arisings to track on as they progress through the demolition of the foundations.
14. Once the buildings are demolished and all waste disposed of appropriately, suitable arisings will be processed for reuse offsite.
15. At the end of each working shift, the operators will cease demolition at a point where the area is sound whilst the site is closed out of hours. No building materials will be left in a dangerous position and will be cleared from the building, by hand and placed into designated skips.
16. Once the structure is demolished, all waste will be disposed of under hse guidelines.
17. Once complete and signed off by the client, Redhead Demolitions will decant from site.



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SITE RULES

Deliberate contravention of these rules shall be considered a break in employees' contract of employment and breach of contract from that employee's employer

Contravention of the Health and Safety legislation is a criminal offence and that a prosecution can be taken against an individual by the Health and Safety executive.

WORKING PRACTICE

1. No machine, item of plant or equipment is to be operated by any person, unless they have been trained and are authorised to do so.
2. All machine guarding is to be in place and correctly adjusted, prior to machinery being used.
3. Any fault, defect (including damage) or malfunction in any item of machinery, plant equipment, tool or guard must be reported immediately.
4. No machine, plant or equipment is to be left unattended or cleaned whilst in motion, unless you are authorised to do so.
5. No repairs, maintenance or adjustments to machines, plant or equipment are to be carried out, unless you have authorisation to do so.
6. All substances are to be used in accordance with the instructions.
7. All substances are to be stored in accordance with the written instructions and are to be returned to the store after use.
8. All hazard notices or warning signs displayed on the premises are to be obeyed.
9. All notices displayed in the workplace are to be read and you ensure that you understand the instructions.
10. All safety equipment and facilities provided are to be used and are not to be misused or wilfully damaged.
11. Operatives will always work in pairs and must wear appropriate, hi-visibility jackets or waistcoats, hard hats, safety footwear and *full* gloves.
12. The work area is to be kept tidy at all times.
13. All waste is to be disposed of in the correct container.
14. All liquid spills are to be cleaned up immediately.
15. All emergency procedures relevant to your work area are to be obeyed.
16. Emergency exits and equipment are not to be obstructed.
17. Any use of or damage to firefighting equipment is to be reported immediately.
18. Prompt medical assistance must be sought for any injury received at work and the injury must be reported as soon as possible.
19. Operatives are advised of the dangers of exposure to UV radiation and are advised to use the appropriate barrier cream and clothing protection.
20. No persons are allowed to work onsite if they are under the influence of ALCHOL or consume alcohol in the working day.
21. NO RECREATIIONAL DRUGS, RADIOS nor IPODS are allowed at any time on site.
22. Social distancing, good hygiene, regular cleaning and compliance with Redhead Demolitions COVID 19 policy shall be adhered to at all times.



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COVID-19 Policy Statement

The coronavirus is an infection that is spreading at an alarming rate around the world. This policy sets out the measures that Redhead Demolitions Ltd will take during this time to ensure the safety of its employees and others that they may encounter during their works.

This policy may change on a regular basis to incorporate new government guidance and legislative requirements.

We will;

- Provide all staff with up-to-date information on the virus
- Provide informational posters / memos
- Always liaise with clients to ensure best working practices
- Provide hand sanitizing liquids/soap at all workplaces and encourage their use
- Provide individual ppe to eliminate the need to share
- Introduce a 2 meter 'social distancing' rule at all workplaces
- Use technology to hold video conference meetings where possible
- Encourage working from home wherever possible
- Ensure all work surfaces within company offices and site welfare are cleaned regularly
- Ensure that any staff exposed to persons suspected of having COVID-19 are sent home for self-isolation
- Send home any staff that show signs or symptoms of COVID-19
- Not send any staff to a workplace where there is a known risk of infection

For those that require to self-isolate the following time frames must be adhered to;



If a member of the family becomes unwell after the 14 day isolation period for the first person, you do not need to start the 14 day isolation count again.

Please note, if you live alone you will only be required to self-isolate for seven days.

What should you look out for, what are the symptoms?

- A new continuous cough
- A fever (high temperature)
- Difficulty in breathing

Managing Director: Ross W Redhead

Signature:

Date: 31/03/20



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PERSONAL PROTECTIVE EQUIPMENT

All personnel working on this project will wear a selection of the following personal protective equipment:

- Protective Footwear
- Hard Hat
- Safety Goggles / Glasses
- Ear muffs or disposal plugs
- Suitable Gloves
- Hi-Visibility Vest/Jacket
- Disposable dust mask / Respiratory protective equipment

The supervisor will assess the suitability of all PPE. Operatives will be instructed what type of PPE to wear and when it must be used. Redhead Demolitions Ltd will provide necessary PPE to their employees. All visitors will be required to wear Hi-Vis jackets or waistcoats, hard hats and safety gloves.





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WORK EQUIPMENT

A variety of work tools and equipment will be used throughout the project including:

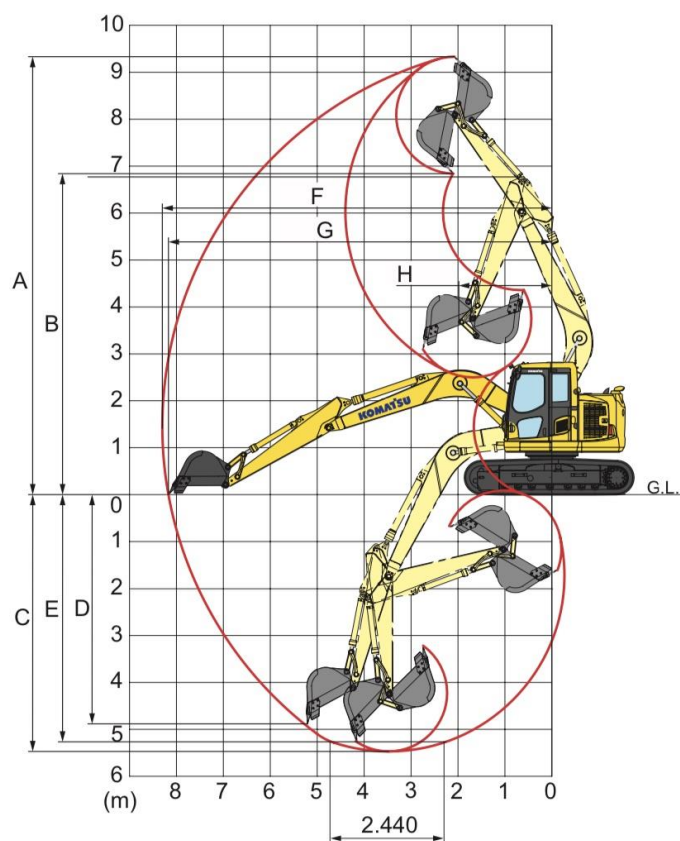
- Works vans and lorry
- Selection of hand tools.
- Dumper
- 13 Tonne excavator

Please Note: All keys for plant will be on bungees and clipped to the operators at all times to prevent them being left in the machines or unattended.

Komatsu PC138

Working Range

MONO BOOM



ARM LENGTH	2,1 m	2,5 m	3,0 m
A Max. digging height	9.020 mm	9.340 mm	9.700 mm
B Max. dumping height	6.525 mm	6.840 mm	7.350 mm
C Max. digging depth	5.070 mm	5.480 mm	5.900 mm
D Max. vertical wall digging depth	4.490 mm	4.900 mm	5.340 mm
E Max. digging depth of cut for 2,44 m level	4.830 mm	5.265 mm	5.715 mm
F Max. digging reach	7.930 mm	8.300 mm	8.720 mm
G Max. digging reach at ground level	7.805 mm	8.180 mm	8.600 mm
H Min. swing radius	1.845 mm	1.980 mm	2.265 mm
Bucket digging force (ISO)	9.500 kgf	9.500 kgf	9.500 kgf
Arm crowd force (ISO)	7.300 kgf	6.300 kgf	5.700 kgf



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GENERAL HEALTH AND SAFETY RULES

Training, Competence and Supervision

Redhead Demolitions Ltd will ensure that all persons employed on the contract:

- are trained and competent to carry out their duties.
- provided with comprehensible information on the risks to health and safety.
- instructed in the use of personal protective equipment and inspection requirements
- fully consulted on all matters relating to the project that may affect their Health and Safety

Supervision

The work will be under the supervision of Mr Daniel Cotterill of Redhead demolitions Ltd. He can be contacted on 07455942235. The above mentioned supervisor will be in attendance at all times.

Communication

The Site Supervisor will communicate working method statements to all operatives and ensure that the work is carried out safely according to written procedures. All site personnel will be given site induction training covering all aspects of Health and Safety, relating to the relevant tasks being undertaken. All personnel undergoing this training will sign to confirm that they have received the induction. Induction records will be held on site. All Visitors will receive a safety induction including site specific rules and emergency procedures.

Hand held radio devices will be in use between banks-men and operators.

Permits to Work

Supervisor will issue works permits to all involved with works at height and hot cutting, if required. The supervisor will also be responsible for checking works areas prior to cancellation of such permits.

Control of Substances Hazardous to Health Regulations (COSHH)

Before work commences a COSHH assessment will be carried out on any hazardous substances used, and a COSHH Register maintained on site. Material Hazard Data Sheets will be held on site throughout the work period. Appropriate safety equipment to control any health risks will be used.



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!mains water supply within 10m of the demolition area and the to enable suitable suppression of building dust created during our works!

Manual Handling

All tasks will be assessed, and Manual Handling Risk Assessments completed and made available to employees before starting work. Changing of attachments will be carried out in teams all in accordance with current best working practices.

Equipment Inspections

All plant and equipment will be examined for safety before being used and at weekly intervals. Records of weekly inspections must be inspected by the site manager on the Monday of each week before any works commence. Statutory inspections will be carried out when required. Defective equipment will not be used until repaired or replaced.

No machines or plant are to be used unless an in-date statutory inspection certificate is available on site.

Lone Workers

No lone working will be allowed on this site.

Daily Checks

The following will be carried out on daily basis:-

All areas will be inspected to check for any equipment or materials that may have been left in a position that may create additional hazards. This includes but is not limited to – tools, plant and stockpiled demolition arising's.

The site supervisor will complete a daily site diary and ensure that all machine operators have carried out their daily inspections prior to use and to record their findings of daily site inspections.

Working at Height.

Where applicable the use of podium steps is permitted only for light work and/or mobile tower. Only operatives with an in-date PASMA or similar certificate are permitted to erect and use such equipment.

Should methods change throughout the contract, the contract manager and supervisor will revise the plan, re-assess the risks and communicate with the operatives.

Welfare



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Welfare facilities are to be provided by Redhead and will be inspected by Mr Ross Redhead to ensure they meet the requirements set within the companies' health, safety and welfare policy. Should issues arise regarding the welfare facilities provided, RDL will resolve forthwith. Welfare will include a canteen, seats with back supports, facilities for preparing hot and cold food, drinking water, toilets, drying room and heating.

Warning Signs

Signs will be displayed where necessary to warn third parties that works are taking place. These will include red prohibition signage warning others to keep out and blue mandatory signage stating the minimum requirements for ppe for entry to the site. Other signage will be used for informational purposes, such as company details and site contact numbers for emergency use.

Vermin Infestation

Appropriate controls should be agreed and communicated to all site personnel if required.

Emergency / Fire Evacuation

Sounding the fire alarm will be by the use of air horns or fire bells, strategically situated around the site.

All site personnel will evacuate to a designated fire assembly point as indicated within the site safety induction. Fire extinguishers are to be supplied by RDL.

Training

Redhead Demolitions Ltd will ensure that all operatives are specifically trained and competent to carry out their work in a safe manner. Training certificates will be available within the company site folder.

Demolition operatives and supervisors will hold in-date CPCS cards and appropriate CPCS cards for plant operators. Asbestos awareness certificates will be held by all on site.

Important Documents

The method statement, risk assessments; public liability insurance certificate; booking-in / booking-out register; accident book will be available at all times. The 1974 Health & Safety at Work poster will be completed and displayed in a prominent place.



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Should unknown services be identified/damaged during demolition, works must cease, the client notified. No works will continue until authorisation is given by the client and/or owner of the services.

First Aid / Accident Reporting

Redhead Demolitions Ltd will have a minimum of 1 first aid trained operatives on site, other first aiders and first aid provisions supplied will be identified during the site safety induction on day 1.

A fully stocked first aid box and eye wash will be kept on site for the treatment of minor injuries. Injuries must be treated immediately and recorded in the accident book.

All accidents are to be fully investigated and detailed accident investigation report to be maintained within the site file.

All accidents / incidents that fall within the current RIDDOR regulations are to be reported accordingly to the Health and Safety Executive.

Emergencies / Evacuation

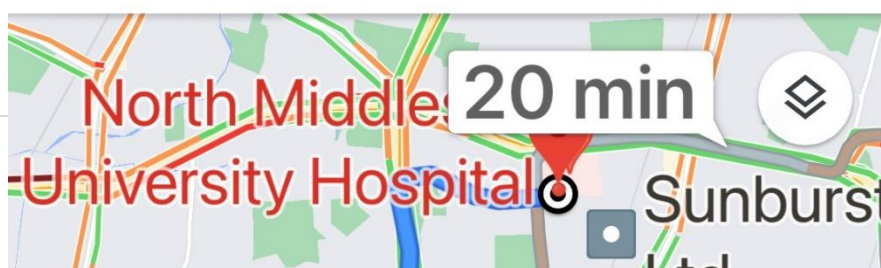
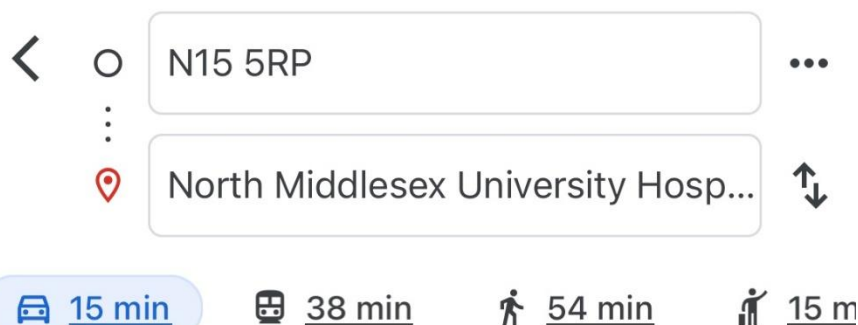
On hearing the alarm everyone must evacuate to the assembly point immediately Emergency telephone numbers for the local Hospital, Police, Fire and Ambulance Services are detailed below.

NEAREST HOSPITAL



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	Nearest Hospital (Accident & emergency) North Middlesex University Hospital Sterling Way London N18 1QZ	Telephone Number: 0208 887 2000
	First Aiders Daniel Cotterill Ross Redhead Nearest First Aid Box Site Office	Telephone Number 07455942235 07980149153





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Emergency Fire Procedure

IF YOU DISCOVER A FIRE

IMMEDIATELY OPERATE THE NEAREST FIRE ALARM

ON HEARING THE FIRE ALARM (AIR HORN)

1. IMMEDIATELY LEAVE THE BUILDING BY THE NEAREST EXIT
2. REPORT TO YOUR ASSEMBLY POINT
3. DO NOT RE-ENTER THE BUILDING
4. DO NOT STOP TO COLLECT PERSONAL BELONGINGS



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ON HEARING THE AIR HORN

1. THE SITE SUPERVISOR WILL CALL THE EMERGENCY SERVICES
 - a) DIAL 999 FROM YOUR MOBILE PHONE
 - b) GIVE THE OPERATOR YOUR NAME AND TELEPHONE NUMBER AND ASK FOR THE FIRE BRIGADE
 - c) WHEN THE FIRE BRIGADE REPLIES GIVE YOUR NAME AND SITE ADDRESS

FIRE AT: The Oriental Food Store 162 St Annes Road Haringey N15 5RP

DO NOT END THE CALL UNTIL THE ADDRESS HAS BEEN REPEATED BY THE FIRE BRIGADE

CALL THE FIRE BRIGADE IMMEDIATELY TO EVERY FIRE OR SUSPICION OF FIRE

FOR YOUR OWN SAFETY YOU SHOULD:

1. THE POSITION OF THE NEAREST FIRE ALARM
2. THE POSITION OF THE NEAREST FIRE EXTINGUISHERS AND HOW TO OPERATE THEM
3. THE NEAREST FIRE EXIT AND THE ROUTE TO IT
4. AT THE ASSEMBLY POINT YOU SHOULD REPORT TO THE FIRE WARDEN WHO WILL BE INTRODUCED TO THE WORKFORCE AT SITE INDUCTION

YOUR ASSEMBLY POINT IS LOCATED AT THE REAR OF THE BUILDING IN THE CARPARK

Waste Disposal

All rubbish and debris from site will be cleared regularly. All waste will be disposed of in compliance with current Hazardous Waste Regulations 2005.

Redhead Demolitions Ltd will ensure that all vehicular movements to and from site are marshalled, Cleaning/sweeping of the road outside the site may be necessary from time to time to clear mud and debris created by vehicles accessing and leaving the site, this will be checked regularly throughout the day.

Burning



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No fires are permitted anywhere on site.

Site Security

Heras fencing will be used to complete a fully segregated site from surrounding properties.

Any unauthorised person found on the site will be requested to leave immediately, and the Police notified if required.

Monitoring

The Company's Health & Safety Advisors will carry out Health & Safety Audits on a regular basis with a written report (at the discretion of RDL management team). The Supervisor will carry out Tool Box Talks. Senior management may attend site at any time to conduct internal audits / inspections.

Should the levels of noise and/or vibration go above the current regulatory limits, the company will monitor the exposure to their employees.

Site Specific Health and Safety Induction.

Everyone working on the site and visitors will be given a Health and Safety Induction covering general risks, controls, safe procedures, emergency procedures and Covid 19 statement within our health and safety policy . Failure to comply with site rules will result in the offender being removed **immediately**.

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Risks to the General Public and other Third Parties

The site will be locked which reduces the risk of unauthorised access but a determined individual could gain access to the site. Access and egress points will remain closed and secured when not in use, when in use they will be supervised to ensure no unauthorised persons gain access.

Heras fencing will segregate the site from unauthorised access. The site entrance will be off Kerswell Close.

Traffic Management



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Redhead Demolitions Ltd will supply detailed drawings showing access, egress, vehicular unloading and turning areas as well as pedestrian routes. Vehicular and pedestrian routes are to be segregated and suitably signed.

Redhead Demolitions Ltd will provide a plan showing where the operatives, waste skips, banded diesel tanks and demolition stockpiles will be sited.

For loading / unloading operations on site and in the public highway a Banksman will be positioned to ensure that vehicle / pedestrian safety is properly controlled.

Banks-man will wear a hi-visibility jacket or waistcoat in addition to any other personal protective required.

Plant and machinery

All operations involving Plant or equipment will be properly planned and carried out by trained operators assisted by a trained and designated Banks-man wearing hi-visibility clothing

Amendments

If circumstances have changed since the original Method Statement / Risk Assessment, then it will be amended by Mr Ross Redhead before work commences. Where this would interfere with work in progress, work will cease until action has been taken to eliminate or reduce the risk.

Smoking

Smoking areas will be clearly delineated. Any person found smoking on site, other than in designated areas will be removed immediately.

Noise.

The demolition supervisor will monitor the noise created during demolition works to ensure the safety and welfare of his employees and neighbouring residents. Monitoring will be carried out close to the working area and at the site boundary, with all findings recorded. Should the level go above 75db at the site boundary, the works will be re-assessed. Should the levels exceed that of the action level (85db) or the control limit (87db) works will cease and a more suitable method implemented.

All machinery to be switched off when not in use to reduce site based noise and pollution.



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Dust

Dust created during demolition works will be suppressed using mains water supply applied in a fine mist over the working area at all times during the works and monitored by the supervisor. The supervisor will walk the site and assess whether any surface drains require protection. Should weather conditions affect the control of dust, the supervisor is to cease the works and re-assess.

Re-fuelling of plant and maintaining plant

All fuel and oils stored on site will be done so in accordance with current legislation. Fuel will be sealed within bunded tanks within designated areas, all re-fuelling of machines is to be carried out at this point, where suitable spill kits and firefighting equipment will be in situ.

Oils used for maintenance of machines can seriously damage the natural surroundings and must be controlled appropriately. All containers to be labelled and stationed onto a drip tray with a capacity of 25% more than the containers stored. Full containers are to be sealed and disposed of.

All hoses and valves to be inspected as part of the supervisors site diary system.

Asbestos

All known asbestos containing materials will have been removed prior to demolition, however, asbestos is often concealed and not identifiable until mechanical demolition takes place. All personnel are to remain vigilant and follow the standard procedures as outlined within the HSG210 issued during the mandatory awareness training delivered annually. Should any personnel be

exposed to badly damaged asbestos sprayed coatings, thermal insulation (pipe lagging) and/or insulation board, the HSE will require notification under RIDDOR.

Vibration

Demolition activities will often create vibration through buildings and plant / machinery. Neighbouring buildings will be monitored throughout the duration of the works by the client and Redhead Demolitions Ltd. All plant and equipment will be maintained in accordance with manufacturer's guidance to ensure the lowest levels of vibration.

Amendments and communication



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Should any part of this method statement require amendment or alteration, those affected must be notified to ensure agreement of relevant parties prior to it being implemented.

All personnel will be briefed on the content of the Demolition Plan, Method Statement and Risk Assessments before working on site and sign the method statement register to confirm they have understood and will comply. The site supervisor will keep daily briefing records.



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	CONTRACT NO:	DATE:	
	REFERENCE NO:	SHEET NO:	
RECORD OF RISK ASSESSMENT/METHOD STATEMENT COMMUNICATION AND INSTRUCTION			
Contract Name:		Subject:	
I/We the undersigned, have been instructed in the contents of the above mentioned Risk/COSHH assessment or method statement and agree to comply with its requirements.			
Name:		Name:	
Signature:		Signature:	
Date:		Date:	
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