

London Borough of Haringey

Alexandra Park School



Gold accredited

Travel Plan 2023

02/09/2019 - 01/03/2023

Summary

Our school travel plan is a live document that is linked to our school priorities. We actively promote travel issues such as road safety and air pollution and promote sustainable travel.

We promote active travel to our school by offering links to transport systems on our web site. We encourage visitors to walk, cycle or scoot where feasible. A Walking Zone map for routes available is published on the school website.

School information

Current Level Gold accredited	Awarded September 2022	Valid until August 2025
Basic information	Site crossing points 0 crossings	
Opening hours 07:00 - 17:30	Site crossing patrol No	
Student school hours 09:00 - 15:00	Joint access Unknown	
Breakfast club opening hours Unknown - Unknown	Travel and planning	
Extended school visiting time Unknown	Bus routes 102,299,184	
Number of staff 195	Bus stop procedure Unknown	

Catchment area
most of our pupils are accepted
into APS live within 0.63 miles
from the school

Expansion plans

Unknown

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neering measures No

Other travel information

Unknown

Rules relating to school travel

Unknown

Notes about travel in the area

Unknown

Cycle routes

Unknown

Facilities and parking

Covered sheffield stand

Unknown

Sheffield stand

Unknown

Cycle racks

Unknown

Other cycle parking

Unknown

Scooter parking

Unknown

Access to car park

Unknown

Helmet lockers

16 lockers

Student storage lockers

70 lockers

Staff storage lockers

30 lockers

Staff shower facilities

No

Number of entrances

0 entrances

Local speed limit

0 mph

Motorcycle parking

Unknown

Staff parking

23 spaces

**Staff car share
parking**

Unknown

Disabled parking

2 spaces

Visitor parking

Unknown

Coach parking

No

Edubase data

Address Bidwell Gardens London N11 2AZ 2088264880 Go to website	Phase of education Secondary School type Academy Converter Gender Mixed Age range 11 - 18 Number of pupils 1847	DfE Number 309/4036 URN 137531 Status Open
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Targets



In progress

Bike marking sessions

Description	Planned date
Getting student's bike security marked is a highly effective, visible deterrent to bike thieves. Working in partnership with local Police Officers and police cadets, we will arrange a session to get the students bikes security marked.	10/10/2022

Survey Groups

Whole School survey summer 2022

Participants	Date	Responses	Response rate
Pupils & staff	11/07/2022	978	89%

Active travel (72%/73%)

Walking (68%/54%)

Scooting (1%/5%)

Buggy (0%/1%) Cycling

(3%/13%)

Public transport (16%/14%)

Rail/Overground
(1%/1%)

Tube (1%/0%)

DLR (0%/0%)

Tram (0%/0%)

Public bus (14%/5%)

School bus/Taxi

(1%/1%) River (0%/8%)

Car (11%/12%)

Car/Motorcycle
(11%/11%)

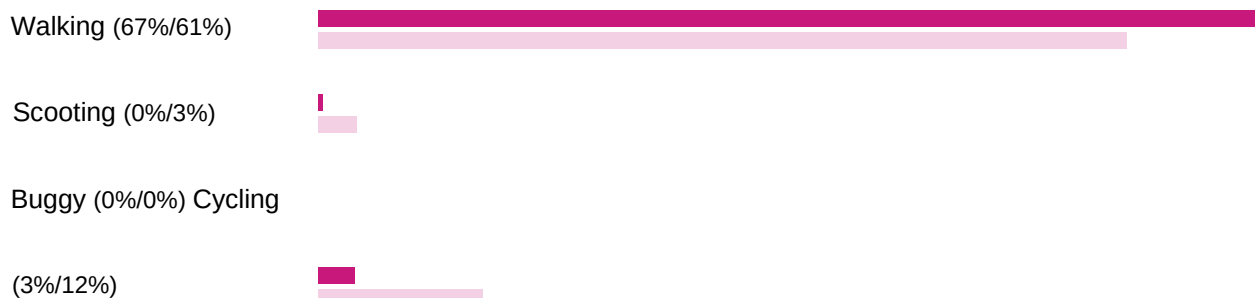
Car share (1%/2%)

Park and stride
(0%/0%)

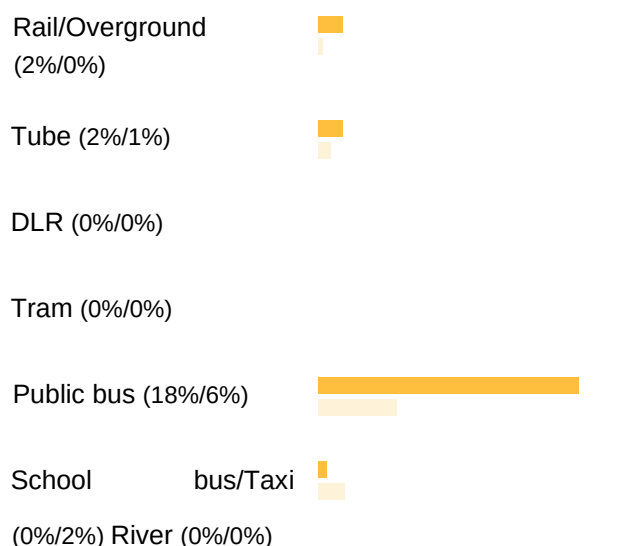
Whole school survey March 2021

Participants	Date	Responses	Response rate
Pupils & staff	18/03/2021	1548	86%

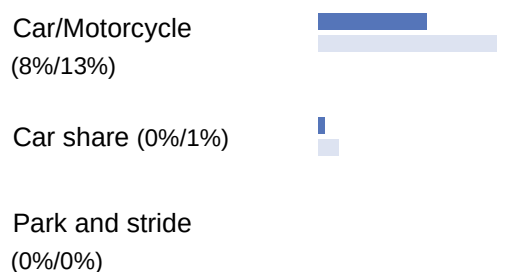
Active travel (70%/76%)



Public transport (22%/9%)

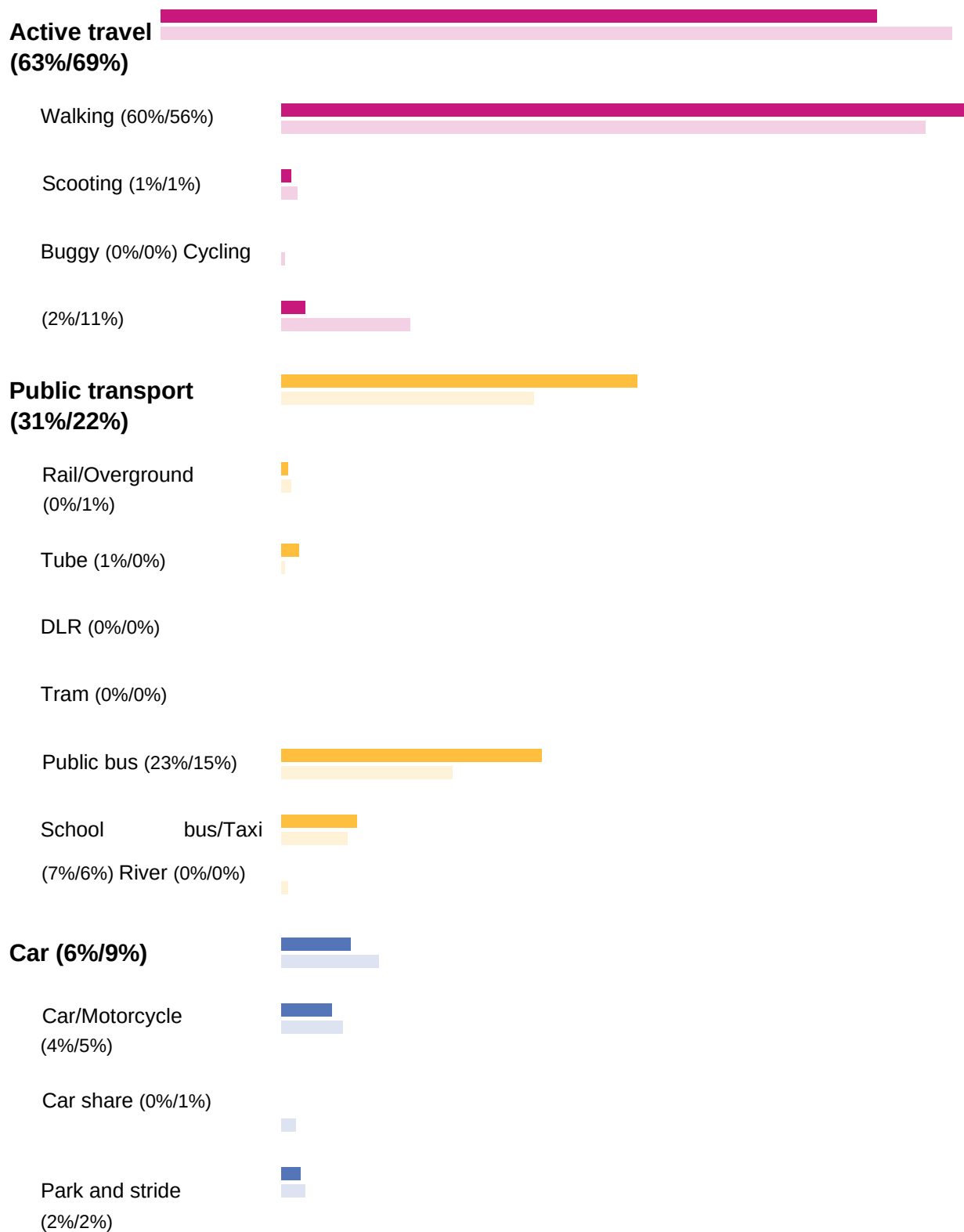


Car (8%/15%)



hands up survey 2017

Participants	Date	Responses	Response rate
Pupils & staff	05/06/2017	1513	98%



Stories

Communicating with parents/carers

Our story

Publicised a family friendly walk/cycling/ride event on the school's twitter account. Directed community to attend and register.

Dates of activity

23/02/2023 - 23/03/2023

Bikeability training

Our story

Our training is targeting young people who have missed out on opportunities to get cycling through the Bike Ability programme to start cycling.

The cycle proficiency course is running for 6 weeks and targeting Y7 & Y9 students.

Dates of activity

26/10/2022 - 07/11/2022

Number of participants

10

Working with local charities

Our story

Enabling young people who have missed out on opportunities to get cycling through the Bike Ability programme to start cycling. Target audience (Year 7+, and transitioning Year 6 pupils), with a specific focus on girls and pupils from lower socio-economic backgrounds. The project will work with these pupils to understand their barriers to cycling and help them overcome them. 8 x school bikes, helmets and locks 3 x 6-week Cycle Training Courses Training for school staff so they can deliver cycle session for pupils; Additional activities are :Bike maintenance, Learn to ride sessions; Cycle training Courses; Classroom sessions to explore students' perceptions of cycling Route planning sessions; Lunch-time pop-ups, including Disco Bike and Smoothie Bike; Led rides to local places of interest, Dr Bike – free bike maintenance for the whole school Bike library scheme

Dates of activity

18/07/2022 - 31/07/2022

Private coaches for school trips

Our story

We have an upcoming concert trip to Edinburgh where students will be traveling by coach.

Our students also travelled by coach on recent Ski trip to Austria.

Dates of activity

17/07/2022 - 20/08/2022

Number of participants

90

School travel working group

Our story

We have been developing the Staff Handbook and it now includes our policy

Dates of activity

05/07/2022 - 31/07/2023

to make our school more environmentally responsible, from informing staff they are part of the process, by banning 1 use cutlery, plates and cups, asking everyone to bring in reusable items.

It also incorporates sustainable active ways to get to school to reduce reliance on car use. we are very close to a tube station and several bus routes nearby. the school is now within a new LTN so this also will improve the cycle route to our school, making is safer and less polluted. attached is the relevent page from our staff hand book

London to Brighton Bike Ride 2022

Our story

As a cycle-friendly employer, we are always looking for initiative ways to promote the benefits of active travel. One way we demonstrate our corporate social responsibility whilst improving staff wellbeing is through fundraising events; where we encourage colleagues to try something new for a good cause.

APS is full of cycling & running enthusiasts so finding staff to participate in the London to Brighton Bike Ride wasn't a problem.

Members of our maths department cycled 55 miles from Clapham Common to Brighton on father's day in the heat to raise money for the British Heart Foundation.

Dates of activity

19/06/2022 - 19/06/2022

Number of participants

5

Other sources of funds for travel activities

Our story

Sustrans are delivering a cycling project with our pupils this has been funded by sustrans and our students

Dates of activity

13/06/2022 - 31/07/2022

World Environment Day

Our story

The Environmental Committee wanted to explore the air quality of our local area. We using lichen identification sheets to see how many Nitrogen loving lichen we had in school and on local roads. We published the results in a school briefing. I have attached some pictures of the students identifying lichen.

Dates of activity

05/06/2022 - 18/06/2021

Number of participants

10

Car sharing promotion

Our story

We encouraged as many staff as possible to car pool as possible, where this is practical. This helps to reduce carbon emissions and congestion. Staff members signed up and indicated whether they're a driver or a passenger. Staff also put down the area where you need to be picked up from or where you will drive from.

Dates of activity

19/05/2022 - 31/07/2022

Number of participants

4

We had four staff members involved this year and we're hoping to expand more next year

Other cycling activity

Our story

Each year APS hosts a Beyond the Curriculum Day (BCD) where around 1000 students spent the day off the curriculum and mostly off the school site.

The date which usually falls on a glorious July day is where students participate on a range of enrichment activities.

In line with the school's active travel plan, trip leaders try to incorporate sustainable means of travel on all excursions.

Recent BCD trips included cycling the sights of London where students visited London's major museums and landmarks.

Dates of activity

04/05/2022 - 31/07/2022

Number of participants

1000

Understanding Considerate Behaviours

Our story

We promote acts of kindness as part of the APS values and some of the Y7 tutor activities includes kindness sessions where students discussed acts of kindness.

In assemblies students were asked why kind acts are important and students rewarded if someone else came to see (Head of Year) to report kind behaviour.

In particular, we focused on safety and sensibility outside of school and students who used public transport were encouraged to demonstrate APS values within the wider community. Students received commendations for holding the door open for others, offering their seat to someone else and helping with heavy bags.

Tutor groups made a kindness tree – celebrating all kind acts they had seen across the year group.

Dates of activity

03/05/2022 - 31/07/2022

Number of participants

230

Eco-Schools

Our story

We have started to work our way towards our Green Flag award. we have developed an environmental committee that meets weekly and we have undertaken the environmental review (attached). We have also started to set targets, which will be formalised in the next week. After these are agreed with the Headteacher we will start to take action, monitor and evaluate our success.

Dates of activity

01/04/2022 - 31/08/2022

Number of participants

20

School travel noticeboard and web page

Our story

We are keen to promote active travel to the wider school community and recently updated our school website to include the walking zone map. We placed the map on a prominent page so everyone contacting us can check the routes that are available and the distance of walking from different

Dates of activity

30/03/2022 - 30/03/2022

Number of participants

2000

locations. Specifically, we "encouraged visitors to walk/cycle where feasible when visiting APS" and hope this encourages some visitors to change their travel habits to more sustainable modes of travel.

We also share hard copies of the walking map with new students when they join us mid-year.

The Big Walk and Wheel

Our story

We are participating in the Sustrans 'Big Walk and Wheel' event running from 21 March – April 1st.

The competition was promoted in assemblee, staff briefings and via communication home to families.

We're in to win it!

Dates of activity

21/03/2022 - 01/04/2022

Number of participants

1150

Active Travel Initiative

Our story

We launched an active travel initiative in the Spring term to encourage students to take active forms of travel to school. Some of the students from the committee presented at KS3 assemblies and helped to raise the profile of active travel.

Dates of activity

14/03/2022 - 14/03/2022

Number of participants

2070

Senior management and school governor involvement

Our story

The findings of our Environmental Audit and research was presented to the school's Board & Governors at the end of the Spring Term.

Alexandra Park School has made a pledge to reach zero (net) greenhouse gas as soon as possible, and by mid-century at the latest (2050), in line with global efforts to limit warming to 1.5C. We also have an interim target to half our greenhouse gas emissions by 2030.

We conducted both a staff and student survey to find the areas key stakeholders are most concerned about, gathered responses and identify key actions & developed an action plan of key priorities.

Dates of activity

07/03/2022 - 07/03/2022

Number of participants

30

Hands-up surveys

Our story

test 1 test 1

Dates of activity

04/03/2022 - 04/03/2022

Duke of Edinburgh participation

Our story

APS is registered DoE Centre and in the Spring term we had 110 students

complete their expedition. We saw students going all over North London from Hampstead Heath to Finsbury Park showing their navigation skills.

DoE expeditions are fun activities where staff get to see students outside of the school setting and enjoy a nice weekend out in nature. It also offers staff the chance to help support the wider school and get out walking in the beautiful countryside,

For our next cohort we will have 193 students joining our program across Bronze and Silver.

Dates of activity

25/02/2022 - 28/02/2022

Number of participants

40

Air Quality monitoring

Our story

APS students worked collaboratively on a science project with students from Norway & Denmark. They measured air pollution in their respective local areas to draw comparisons about air quality, pollution, and the detrimental effects on our physiology, before finally presenting their findings. The full article & testimonials of students involved in the project can be found @ the link below.

Dates of activity

15/12/2021 - 31/07/2022

Number of participants

14

Staff involvement in active travel

Our story

The APS staff sustainability group was created to tackle some of the challenges around sustainability in a meaningful way. One of the first activities the team did was to design a staff environmental survey to collect views from all APS staff on our environmental practices. As team was aiming to create and implement an environment charter to develop sustainable environmentally responsible practices in travel, food and products and services used by the school.

The survey aimed to get the views of staff on possible improvements in each of these areas. We had a high response rate to the survey and implemented a number of initiatives around active travel, climate change and sustainability.

Dates of activity

09/12/2021 - 15/01/2022

Number of participants

220

Staff involvement in active travel

Our story

Cycling is very popular at APS with staff and students alike, so having staff shower facilities as part of a recent school building expansion of the reception and office area was a natural choice.

Staff were consulted of this ambitious project which put active travel in the heart of school development plans.

Our teachers also support independent travel and run yearly Duke of Edinburgh courses. the students are encouraged to take part in journey planning and independent travel skills. (see newsletter link)

Dates of activity

04/10/2021 - 31/07/2022

Number of participants

200

School travel working group

Our story

Dates of activity

we have been working together as a school to ensure our students and staff have the opportunity to choose active travel as their method to get to work and school.

30/09/2021 - 31/07/2022

We have a dedicated team of teachers who work on projects to promote our aim. We are also working on our school becoming carbon neutral and working with the council to achieve this.

Sustrans are now working with our staff and students to deliver a specific cycle scheme, aimed students less able to own and ride bikes eg females. Our staff members will be trained to deliver cycle training and we will have a pool of bikes to enable our students to take part. This alongside the vast amount of active travel and eco work our staff deliver is making our school stronger and able to educate and build opportunities for our students that will last into their futures too.

Cycle to work scheme for staff

Our story

As part of our efforts to increase sustainable modes of travel to work for all APS employees. Our employee benefits include Cycle to Work Scheme. The scheme is promoted to all staff when they join as part of their Induction paperwork.

Dates of activity

24/09/2021 - 31/07/2022

Other walking activity

Our story

A team of dedicated TAs set up a 'walking buddies' group for students with additional needs. The students and staff involved in running the programme guided students with safe and sensible walking practices at lunch time. They were rewarded with trips to a local cafe.

This led to an increase in the number of students who walked to school for part of their journey each day.

Dates of activity

18/09/2021 - 31/07/2022

Number of participants

11

APS Walking & Running

Our story

Our staff running club promotes health and wellbeing through running for staff of all abilities. The club has been going for a number of years and the team participate in running competitions and charity runs.

Club participation has increased in recent years because the aspects of mental health and wellbeing associated with running are more widely known since the pandemic. The club is open to anyone and is split into runners, walkers and joggers and provides motivation, support, strength and conditioning exercises as well as practical advice.

The positive impact of the club includes some new participants choosing to walk or run to work resulting in a positive shift in their mode of travel to a more sustainable one.

Dates of activity

06/09/2021 - 31/07/2022

Number of participants

15

Pupil involvement

Our story

Our students are involved in changing the way our school evolves. we are committed to making our school sustainable and the work together to achieve our collective aims. From waste produce be ing recycled to energy saving tips and learning to repair damaged bicycles.

Dates of activity

19/07/2021 - 31/07/2022

Pupil involvement

Our story

This school year we have focussed heavily on encouraging our students to be active in our school we have raised awareness of environmental issues that are affected by sustainability. they are passionate to make a difference to our school, which in turn build resilience and understanding of the greater issues affecting our whole planet. They are involved in the cycling project, environmental days as well as projects like Duke of Edinburgh to build confidence and esteem. We are working towards a sustainably sound school and are proud of these students complete dedication to the changes needed.

Dates of activity

18/07/2021 - 31/07/2022

Communicating with parents/carers - and visitors

Our story

We promote active travel to our school by offering links to transport systems on our web site. you can find active travel route planning tools here, plus maps

Dates of activity

13/07/2021 - 12/07/2022

Public transport promotion

Our story

As part of our transition communication with new Y7 families, we offer advice to parents/carers which should make their child's transition into secondary school a smooth one. Part of that advice includes telling families where to get Oyster photocards for free bus travel.

Attached as evidence is a snip of the Parent Information Pack which is given out to all new Yr7 families.

Dates of activity

05/07/2021 - 21/07/2022

Number of participants

233

Pre-transition in-school presentation

Our story

We organised a virtual in-school presentation, which was attended by 230 year 7 students.

TfL facilitated this and presented over zoom

Dates of activity

15/06/2021 - 15/06/2021

Number of participants

230

Understanding Hate Crime

Our story

We have a unit called Identity, Prejudice & Discrimination which forms part of the citizenship curriculum. The unit aims to help students understand the importance of rooting out prejudice and discrimination within our society. Students in Y8 learn about the different types of crime and impact on victims and the appropriate channels for reporting hate crime.

Dates of activity

04/05/2021 - 04/05/2022

Number of participants

230

Other public transport activity

Our story

Our designated Police Officer patrols the bus stops near the school each day to address issues such as anti-social behaviour and minor crime. PC Brazier has a good relationship with students and the wider community and is often seen promoting responsible behaviour on the transport network. Here is a picture of him sharing key road safety messages with bus passengers/students.

Dates of activity

03/05/2021 - 17/07/2021

Number of participants

1000

In School Presentation

Our story

Year 6 booked in for the virtual in-school presentation on safe and responsible travel run by the TFL STARS Team

Dates of activity

14/01/2021 - 14/01/2021

Number of participants

30

Other partnership activity

Our story

Alexandra Park School was a finalist in the Rolls-Royce Schools Prize for Science & Technology. The Year 12 product design students used VR to help with their architectural design project. The theme of the project was active travel and how to promote positive travel habits while addressing any barriers.

Students decided to focus their project on a bus stops because they felt having a well-designed bus shelter promoted greater use of public transport

Dates of activity

16/03/2020 - 16/06/2021

Number of participants

90

Our DT teachers led their classes through using VR to help interactively design their bus shelters and then view them in true 1:1 scale. Being able to walk around your final design is a completely different experience to a desktop model which confers huge benefits in making improvements. Staff worked in partnership with a VR expert and the Rolls-Royce schools team to deliver this project which was a great success.

Communicating with parents/carers

Our story

We promoted the benefits of walking in our newsletter that goes to all our families.

Dates of activity

09/03/2020 - 30/07/2021

Number of participants

2000

Theatre in Education - The Riot Act

Our story

Our year 7's had a show from the Riot Act to promote road safety

Dates of activity

04/11/2019 -

04/11/2019

Number of participants

230

School active travel policy

Our story

As part of our efforts to increase sustainable modes of travel to work for all APS employees. Our employee benefits include Cycle to Work Scheme.

The scheme is promoted to all staff when they join as part of their Induction paperwork.

Dates of activity

06/09/2019 - 23/07/2022

Number of participants

200

Cycle to work scheme for staff -

Our story

We offer a Cycle to Work Scheme for all employees which is popular at APS. The results of last year's hands-up survey showed we need to continue our efforts to shift staff travel to work, away from car use. One way of doing this is better promoting current initiatives.

The findings of a recent environmental project survey also showed we could help reduce our carbon footprint whilst helping to reduce staff commute expenses and promoting a healthy lifestyle with the ongoing promotion of the Cycle to Work Scheme.

To aid this objective we'll create posters in the staff room and mention the scheme in staff briefings.

Dates of activity

06/09/2019 - 23/07/2022

Number of participants

200

Working in partnership with local police

Our story

We have a great working relationship with our local police. There are crimes reported in our local area and the police help us to inform our children about travelling independently and help us to keep the children safe.

There is a dedicated officer based in our school to assist with all matters

Dates of activity

02/09/2019 - 30/07/2022

Number of participants

2000

relating from bullying, theft, support and even traffic management. Our particular officer also runs the Police cadets from our school

Removal of car parking to encourage active travel

Our story

We installed cycle parking for staff in our car park, removing parking spaces, to promote more cycling to school.

Dates of activity

08/01/2019 - 30/07/2021

Number of participants

300

Environmental benefits of active travel

Our story

Our science curriculum addresses topics around air quality and pollution. This teaches the pupils about their own carbon footprints and we help them to think about how they can travel more sustainably.

Dates of activity

11/12/2018 - 30/07/2021

Number of participants

2000

Promote responsible behaviour on public transport

Our story

We regularly talk to our students about their behaviour on public transport and help to monitor our local bus stops. Our local police officer helps us with this and we have members of staff who monitor pupils while they are catching the bus.

Dates of activity

11/12/2018 - 30/07/2021

Number of participants

2000

Pupil involvement

Our story

We have a sustainability club that runs as an after-school extra-curricular club and offers students the opportunity to champion sustainability across the school.

Under the stewardship of two science teachers, students are proactive in tackling everyday issues.

The sustainability club started a pen recycling scheme across the school.

Some of the sustainable travel initiatives recommended by the club include

The whole school - Walk to work/school day, where everyone

(students/staff walks the whole or a part of their journey to school.

Cycle to school scheme for students - akin to the one offered to staff.

Dates of activity

09/07/2018 - 14/07/2021

Number of participants

30

Cycle to work scheme for staff

Our story

All staff have access to our cycle to work scheme. The attached is given to all new staff as part of their induction paperwork.

Dates of activity

06/07/2018 - 30/07/2021

Number of participants

300

Cycle parking installed

Our story

We have cycle parking installed for our pupils to use

Dates of activity

06/07/2018 - 30/07/2021

Number of participants

2000

Other walking activity

Our story

We promote the benefits of walking across the school i.e. assemblies, tutor time, etc. Students are encouraged to take 10,000+ steps each day as part of a healthy lifestyle. Staff explain that walking (to school) is a great way of building those steps into their daily routines.

This advice is underpinned by the road safety awareness and training we provide to students, so they become independent travelers

Dates of activity

05/03/2018 - 14/07/2021

Number of participants

1800

Health benefits of active travel

Our story

The PE curriculum also includes outdoor fitness see Copy of activity timetable 2016 17 attached- this includes walking to the local woods and to Ally Pally. We also have a running club that run around Ally Pally- evidence is attached see 'this week in sport'.

2022 we have accepted the offer to work with sustrans to train our staff to become cycle trainers. this project will continue in the new school term. Delivering bikeability to many more students at times convenient to us. and this will be sustainable as the offer involves a pool of bikes to be used too.

Dates of activity

23/06/2017 - 31/07/2022

Healthy Schools London

Our story

We are working towards a Healthy Schools award. Please see our action plan attached.

Dates of activity

11/06/2017 - 08/07/2021

Number of participants

15

Working in partnership with local police

Our story

We have continued to work with our local Police officers - PC Brazier and PC Kassimento. They regularly visit to talk to pupils about personal safety. PC Brazier is onsite pretty much every day and on duty at the bus stop with other members of staff.

Dates of activity

01/06/2017 - 01/06/2021

Number of participants

3

Promote responsible behaviour on public transport

Our story

We talk to pupils before all school trips about behaving responsibly and respectfully in terms of other members of the public. We also send out regular bulletins to pupils that contain information about how they behave on the way to school.

With the recent pandemic we have had to continually monitor our pupils travel on buses. We have encouraged our pupils to avoid travel on buses and walk or cycle more.

Dates of activity

01/06/2017 - 01/07/2021

Number of participants

1480